

Set Apart



**A Biblical Guide to Living in the World
Without Being of the World**



Dear Sister in Christ,

We are living in a time when standing for Biblical truth can feel isolating. The world celebrates compromise, applauds silence, and pressures us to blend in. But as followers of Jesus, we are called to live differently: to choose conviction over comfort and courage over conformity.

That's why Kingdom Over Party exists. It was born out of my own realization that following Christ means being willing to lose the approval of the world... and sometimes even losing the acceptance of people we love. But in that loss, we gain something far greater: unshakable identity, unwavering faith, and the strength to live boldly for God's Kingdom.

This workbook is designed to equip you with Biblical truth and practical tools to navigate a culture that often stands against everything we believe. My prayer is that as you walk through these pages, you'll grow not just in knowledge, but in confidence- the kind that comes from knowing exactly who you are in Christ and why you believe what you believe.

You are not alone. Together, we're building a generation of women who love courageously, speak truth gracefully, and live for God unapologetically.

With love and conviction,

Jessica Haedge

Founder, Kingdom Over Party

How to Use this Workbook

Welcome, sister.

Before you begin *Set Apart: Living in the World Without Being of the World*, take a deep breath. This isn't a class or an assignment... it's a journey of the heart. The pages ahead are meant to guide you, challenge you, and draw you closer to God through His Word. Here are a few ways to get the most out of your time with this study:

- Pray before you begin. Ask God to open your heart, reveal truth, and give you courage to apply what you learn.
- Take your time. There's no rush. Let each section sink in. Sit with the Scriptures. Journal honestly.
- Engage with the reflections. They're designed to help you process what God is asking of you and what He commands of His people.
- Apply it to your world. Each lesson includes practical steps... small acts of obedience to grow your faith and confidence.
- Gather others. You can walk through this on your own or invite friends, small groups, or church sisters to join you. Use the reflection questions as discussion prompts.
- Give yourself grace. Growth is a process. You won't get it perfect- that's not the point. God delights in your desire to follow Him faithfully.

You are about to embark on a study that is both gentle and bold: one that invites you to think, reflect, and stand firm. My prayer is that you'll finish these pages not just inspired, but transformed.

Lesson 1: The World vs. The Word

My Story

For more than ten years, I've worked at the same school for individuals on the autism spectrum- it's a job that's deeply meaningful and full of fellow workers with some

of the biggest hearts you'll ever encounter. Over time, my workplace became more than a job; it became a community of close friendships, laughter, and shared purpose.

But as the world grew more morally divided, those conversations started to shift. I noticed that the same kindness and compassion my coworkers showed in their work didn't always extend to people who believed differently. Civic discussions became personal. "People like me" were spoken of as enemies... but they didn't know they were also talking about me.

So I went quiet. For years I stayed silent to protect my peace, to keep friendships intact, and to avoid conflict. But silence became heavy. The more I watched, the clearer it became that "peace" built on fear and compromise isn't peace at all... it's captivity.

When I learned about the assassination of Charlie Kirk, a fellow Bible believer, something broke in me. I realized that I could no longer stay quiet about what I believe. The world doesn't need more silence. It needs more truth, spoken with grace and conviction. That's where Kingdom Over Party began.

"Do you not know that friendship with the world is hostility toward God? Therefore whoever wishes to be a friend of the world makes himself an enemy of God."

-James 4:4 (NASB)

"Peace built on fear and compromise isn't peace at all... it's captivity."

What Scripture Says: The World vs. the Word

When we talk about being set apart, it's easy to picture isolation: stepping away from people, staying quiet, or hiding our faith. It's how I lived for years. But that's not what God calls us to. He calls us to live in the world, not of it (John 17:14–16).

The world will always have its own definitions of truth, love, and justice- and many of them sound great on the surface. That's what makes them dangerous: The enemy doesn't tempt believers with things that sound obviously evil; he tempts us with things that sound *almost right*. That's why Scripture tells us not to conform to the world's patterns, but to let our minds be renewed through the Word (Romans 12:2).

When we let culture shape our convictions, we lose the clarity that comes from Scripture. But when we let the Word shape our worldview, we find peace, even in conflict. God's truth doesn't change with public opinion and it never bends to cultural pressure.

As believers, our job isn't to win arguments; it's to stay faithful. Jesus never promised us comfort or popularity- He promised us His presence and His strength (John 15:18–19). That means when we choose to stand firm in love and truth, we may lose approval, but we gain something far greater: the peace of knowing we've honored God.

So, the question becomes: Who gets to define what's good?

The world says “good” is whatever feels loving in the moment.

The Word says “good” is whatever aligns with God's character and commands.

Being set apart means letting that distinction guide every part of our lives: how we engage with the world, how we speak, and how we respond when we're misunderstood.

“And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect.”

Romans 12:2

Reflection & Application:

The World vs. the Word

Take a few quiet moments to pray before you answer these questions. Ask God for the His help in revealing where the world's voice has grown louder than God's voice in your life.

Reflect

1. When have you felt the pressure to stay silent about your beliefs to keep peace or avoid conflict?
2. What fears rise up when you think about standing firm in your convictions?
3. Are there any areas of your life: at work, in friendships, or online where the world's approval feels easier to chase than obedience to God?
4. How does Romans 12:2 challenge your current way of thinking about faith and culture?

Apply

1. Choose one area where you feel tension between "the world and the Word." This week, commit to responding differently in that area, with both truth and grace.
2. Write down one Scripture that speaks directly to that area. (If you're not sure where to start, try Galatians 1:10, John 17:14–18, or Ephesians 6:10–13.)
3. Spend time in prayer asking God to give you discernment to help you see what's almost right, but not truly right.
4. Write one sentence that begins with: "I will no longer stay silent when..." and let it be your quiet declaration of courage this week.

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Lesson 2: The Call to be Set Apart

My Story

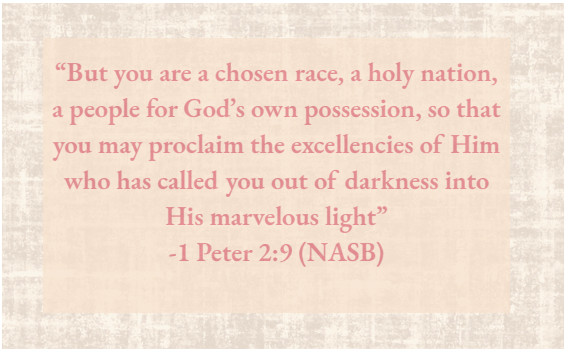
There was a time when I started noticing that my life no longer blended so easily with the people and spaces that once felt most comfortable.

The conversations that used to flow freely now felt heavier. Jokes that once made me laugh began to give me pause. The things I used to tolerate without a second thought started to grieve my heart.

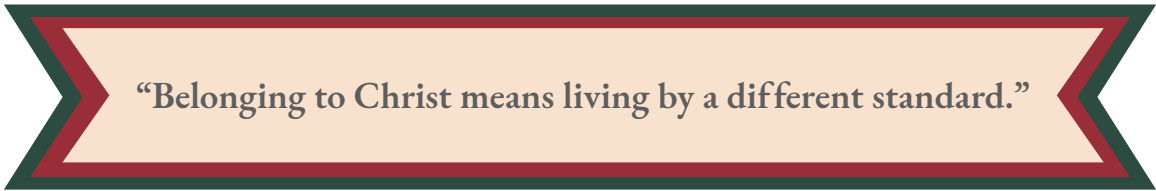
At first, I thought something was wrong with me. I had always worn my badge of “cool Christian” proudly- I never wanted friends or coworkers to assume that I thought I was better than them for my beliefs, and I worried about being judgemental, too serious, or even “weird” about my faith.

But over time, I realized that this wasn’t any of those things... it was conviction. It was the persistent scoring of God’s commands being etched on my heart, reminding me that belonging to Christ means living by a different standard.

Being set apart doesn’t mean being self-righteous or distant. It means being surrendered. It’s not about separation for the sake of superiority- it’s about devotion for the sake of holiness.



“But you are a chosen race, a holy nation,
a people for God’s own possession, so that
you may proclaim the excellencies of Him
who has called you out of darkness into
His marvelous light”
-1 Peter 2:9 (NASB)



“Belonging to Christ means living by a different standard.”

What Scripture Says: Being Set Apart

In Scripture, “set apart” doesn’t mean hidden away. It means chosen with purpose. God has always called His people to live differently so that the world might see Him through them.

From the beginning, Israel was called to reflect God’s holiness among the nations (Leviticus 20:26). In the New Testament, Jesus calls His followers “the light of the world”, not so they could hide their faith, but so they could shine in dark places (Matthew 5:14–16).

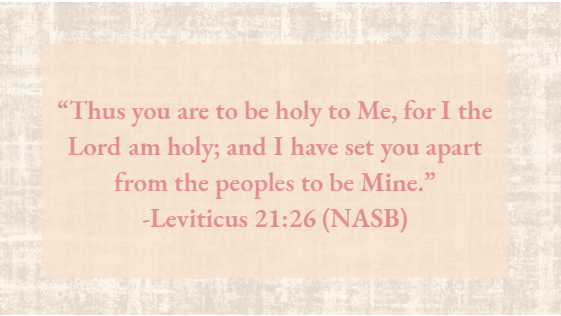
To be set apart means to belong fully to God. It’s saying, “Lord, even when the world goes left, I will go right if that’s where You lead.”

Holiness isn’t about behavior alone... it’s about alignment. It’s about allowing God to shape your thoughts, your words, your friendships, your habits, and your priorities until your heart reflects His.

- When Rahab hid the Israelite spies, it wasn’t rebellion- it was reverence.
- When Esther risked her life before the king, it wasn’t politics- it was purpose.
- When Mary carried our Savior despite social implications, it wasn’t defiance- it was obedience.

Each of them chose faithfulness over fitting in. And every time they did, God used their obedience to influence entire nations.

We may never stand before kings or empires, but we stand before culture every day: at work, online, and even in our closest relationships. God’s call to be set apart is not a burden; it’s an invitation to live free from the noise, to be confident in who we are, and to be anchored in whose we are.



“Thus you are to be holy to Me, for I the Lord am holy; and I have set you apart from the peoples to be Mine.”
-Leviticus 21:26 (NASB)

Reflection & Application:

The Call to be Set Apart

Take time to pray before you write. Let God's word reveal where you've been trying to blend in when He is calling you to stand out.

Reflect

1. Have you ever felt torn between fitting in and being faithful? What did that moment look like for you?
2. Where in your life is God asking you to live differently right now?
3. How can you begin to see being set apart not as a negative thing, but as a privilege?
4. What are some areas where you sense God refining your standards or renewing your boundaries?

Apply

1. Choose one area of your life: relationships, entertainment, work, or habits, and ask, "Does this reflect my identity as a daughter of the King?"
2. Write down one small step you can take this week to live set apart in that area. (Maybe it's choosing silence over gossip, or kindness over apathy)
3. Find a Scripture that strengthens your resolve when obedience feels lonely. (Try 1 Peter 2:9, Galatians 2:20, or Psalm 4:3.)
4. End this section by praying: "Lord, set me apart for Your glory. Let my life reflect Your light and not my strength, but Yours."

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Lesson 3: The Cost of Conviction

My Story

Conviction sounds noble until it costs you something.

I learned that the hard way.

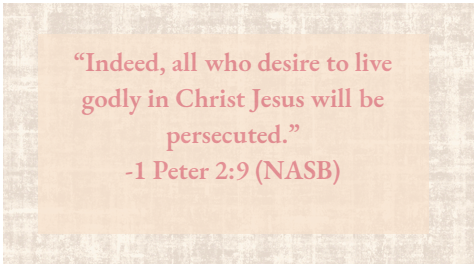
For years, I avoided standing up for what I believed

because I knew what it would mean. I knew that speaking the truth, even gently and with love, could make people uncomfortable... and that discomfort often leads to distance. When I finally stopped hiding and started living out my convictions, I experienced the cost firsthand.

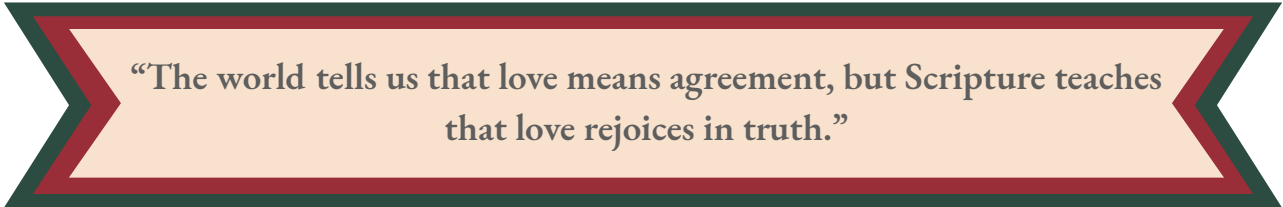
People I love began to look at me differently. Conversations shifted from friendly to tense. I was accused of being hateful for believing what the Bible says. The world tells us that love means agreement, but Scripture teaches that love rejoices in truth (1 Corinthians 13:6).

At first it broke my heart. I prayed that God would help me soften my words, make them easier to hear, less offensive. But He didn't call me to comfort; He called me to courage. He reminded me that Jesus didn't promise popularity; He promised opposition (John 15:18–19).

And still... I wouldn't have it any other way. Because every time conviction costs me something: a friendship, approval, or belonging, it also strengthens my dependence on God. Every loss becomes a reminder of what matters most: obedience.



“Indeed, all who desire to live
godly in Christ Jesus will be
persecuted.”
-1 Peter 2:9 (NASB)



“The world tells us that love means agreement, but Scripture teaches
that love rejoices in truth.”

What Scripture Says: Why Conviction Costs Us

Conviction is costly because it draws a line between compromise and truth... and lines make people uncomfortable.

We live in a world that celebrates tolerance but won't tolerate conviction. When you refuse to conform, you become a mirror... and sometimes people don't like what they see reflected back.

But Biblical conviction isn't about pride or superiority. It's about loyalty to the One who redeemed us.

- When Abigail interceded for her husband Nabal's wrongdoing, it wasn't out of loyalty to him, but out of devotion to the Lord.
- When Jael broke allegiance to her tribe by killing Sisera, it was because of her steadfastness to God's people over her own.

True conviction doesn't demand the world's approval; it demonstrates the world's need for Jesus.

We don't stand firm to prove we're right. We stand firm to show who is worthy.

Yes, conviction costs... but compromise costs more. Compromise chips away at truth until you're no longer standing on a solid foundation.

Conviction, though painful, sharpens courage. It produces endurance, character, and hope (Romans 5:3-5). When faith becomes costly, that's when it becomes real.

"And not only this, but we also exult in our tribulations, knowing that tribulation brings about perseverance; and perseverance, proven character; and proven character, hope; and hope does not disappoint, because the love of God has been poured out within our hearts through the Holy Spirit who was given to us."

-Romans 5:3-5 (NASB)

Reflection & Application:

The Cost of Conviction

Take a few moments to breathe and be honest with God. Conviction is rarely easy, but it's always holy.

Reflect

1. When have you felt the cost of conviction most deeply? What did it teach you?
2. Have you ever chosen silence when you knew God was asking you to speak? How did that feel?
3. What fears keep you from standing firm when your beliefs are unpopular?
4. What does faithfulness look like for you when obedience comes with loss?

Apply

1. Identify one relationship or environment where you've felt pressure to compromise your convictions. Ask God for wisdom- not just to speak, but to discern when and how to speak.
2. Write down one truth from Scripture that you refuse to bend on, no matter the cost. (Example: the authority of God's Word, the sanctity of life, or the definition of love rooted in truth.)
3. Pray for courage to endure misunderstanding with grace. Jesus was misunderstood too, yet He never stopped loving or speaking truth.
4. End this section by writing: "Lord, I choose conviction over comfort. Make me steadfast, not stubborn and bold, but always gentle."

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Lesson 4: Living Differently, Not Divisively

My Story

When I first began speaking more openly about my beliefs, I thought conviction alone was enough.

I wanted people to know what I stood for and why.

But I quickly learned that how we stand matters just as much as where we stand.

At first I felt defensive, like I had to prove that Christians aren't the hateful caricatures the media portrays us to be. I armed myself with facts and Scripture, but sometimes I forgot about tone. The truth I carried was pure, but the delivery wasn't always gentle.

Over time, God began softening my heart. He reminded me that the goal isn't to win debates- it's to win souls. It's not about proving others wrong; it's about reflecting Christ right. Truth without love builds walls; truth with love opens doors.

"Differently, not divisively" became a quiet anthem- a reminder that grace and conviction are not enemies. They're partners. We can live boldly without being brash, and we can speak firmly without losing compassion.

"Let your speech always be with grace, as though seasoned with salt, so that you will know how you should respond to each person."

-Colossians 4:6 (NASB)

"The goal isn't to win debates- it's to win souls."

What Scripture Says: The Balance of Grace and Truth

Jesus modeled the balance of grace and truth perfectly. John 1:14 tells us He came “full of grace and truth”... not half of each, but full of both.

- Grace without truth leaves people comfortable in sin.
- Truth without grace leaves people crushed by shame.

But grace and truth together? That’s the Gospel.

Living differently means refusing to blend in, but also refusing to become bitter or combative. It’s recognizing that conviction and compassion are both acts of obedience.

When the world grows louder and more divided, the temptation is to either fight back harshly or withdraw completely. But Jesus calls us to neither. He calls us to stay present: to love people enough to tell the truth, and to love God enough to do it gently.

This is what it means to be salt and light (Matthew 5:13–16). Salt preserves and keeps truth from decay. Light reveals and exposes darkness- not to shame, but to heal.

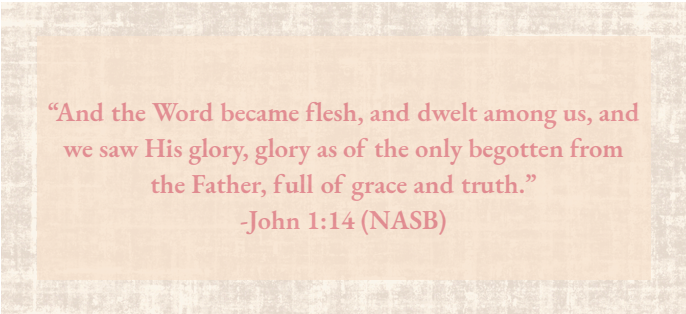
Being salt and light means showing up differently.

It means choosing patience over pettiness.

Listening before responding.

Extending dignity even to those who reject your beliefs.

Our goal isn’t to “fit in” or to “fight back”... it’s to stand out by showing the world what redeemed grace looks like.



“And the Word became flesh, and dwelt among us, and we saw His glory, glory as of the only begotten from the Father, full of grace and truth.”
-John 1:14 (NASB)

Reflection & Application:

The Balance of Grace and Truth

Take a few moments to ask God where your posture might need adjusting: where your truth needs more tenderness, or your tenderness needs more truth.

Reflect

1. Do you tend to lean more toward truth (firmness) or grace (gentleness)? Which side feels harder for you to live out?
2. Think of someone who disagrees with you deeply. What would it look like to love them without compromising your convictions?
3. How do your words online, at work, or in conversation reflect your relationship with Christ?
4. When people encounter you, do they leave feeling attacked, ignored, or genuinely seen?

Apply

1. Choose one person in your life with whom you disagree. Commit to praying for them this week... not to change their mind, but that they would experience God's love through you.
2. Practice "the pause" before responding to something controversial. Ask: Is this true? Is it kind? Is it necessary?
3. Write down one practical way you can show grace this week... especially when your flesh wants to argue.
4. Close with this prayer: "Lord, help me live differently, not divisively. Let my life reflect both Your courage and Your compassion. May my words be full of truth and seasoned with grace."

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Lesson 5: The Strength to Stand

My Story

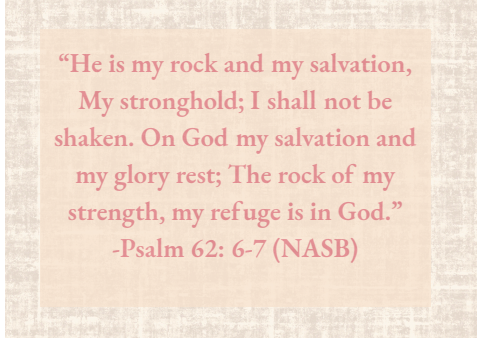
There came a point when I realized that standing firm in my faith wasn't a single act of courage... it was a daily choice. Some days I wake up ready to fight the

good fight. Other days, I feel drained, misunderstood, and I even question if it's all worth it. Conviction sounds brave in theory, but in practice it can be exhausting. It costs relationships, comfort, and sometimes peace of mind. But every time I've come close to giving up, blending back in, or to going quiet again, God reminds me of one simple truth:

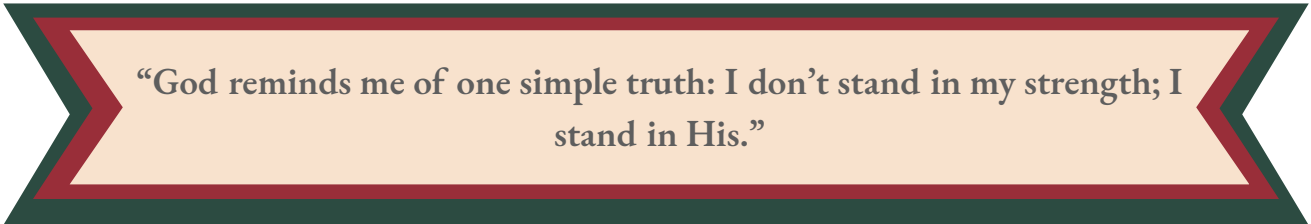
I don't stand in my strength; I stand in His. In fact, I have no strength outside of Him.

When I feel weary, I think of the heroic female believers who came before us, who faced far greater trials but stood unshaken. They weren't fearless; they were faithful. And faithfulness is what God honors.

Standing firm doesn't mean being stubborn or unkind. It means remaining steadfast in love, unmovable in truth, and grounded in grace no matter who's watching or what it costs.



"He is my rock and my salvation,
My stronghold; I shall not be
shaken. On God my salvation and
my glory rest; The rock of my
strength, my refuge is in God."
-Psalm 62: 6-7 (NASB)



"God reminds me of one simple truth: I don't stand in my strength; I stand in His."

What Scripture Says: Strength Through Surrender

The world tells us strength is in independence and in doing it all on our own. But Scripture teaches that real strength begins with surrender.

When Paul wrote about putting on the armor of God in Ephesians 6, he wasn't calling believers to muscle through spiritual battles in their own power. He was reminding us that strength and protection come from above; from staying rooted in prayer and in the Word. From recognizing the role of the Holy Spirit and allowing Him to work within us.

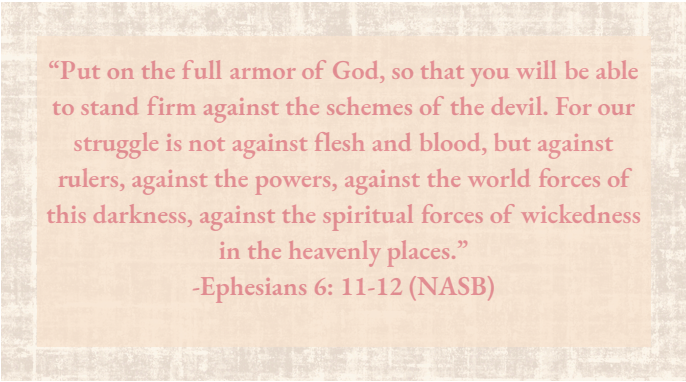
You don't have to have it all together to stand firm. You just have to be anchored.

When life gets loud and opposition grows stronger, the temptation is to retreat and think, "Maybe I'll just stay quiet this time" increases. But courage doesn't mean you never feel afraid; it means you keep going even when you do.

God never called you to win every battle. He called you to be faithful in every moment. He provides the words when you speak, the peace when you're misunderstood, and the endurance when you're weary.

"Not by might, nor by power, but by My Spirit," says the Lord (Zechariah 4:6).

That's where our strength lies: not in perfection, but in persistence. Not in applause, but in obedience.



"Put on the full armor of God, so that you will be able to stand firm against the schemes of the devil. For our struggle is not against flesh and blood, but against rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places."
-Ephesians 6: 11-12 (NASB)

Reflection & Application:

Strength Through Surrender

Pause here and be honest with God. Where are you feeling weak, weary, or tempted to give up? Let Him meet you in that space with grace and power.

Reflect

1. What moments in your life have tested your resolve to stand firm in your faith?
2. How has God sustained you during times of loneliness, loss, or pressure?
3. When fear or fatigue set in, what truths from Scripture anchor you again?
4. How can you rest in God's strength instead of striving in your own?

Apply

1. Identify one area of your life where you've been trying to "stand strong" in your own strength. Pray and release it to God today.
2. Memorize 1 Corinthians 16:13–14 this week. Let it become your rallying cry: "Stand firm in the faith. Be strong. Do everything in love."
3. Journal one paragraph about what "standing firm in love" looks like for you in this season. Who are you are called to love, and how?
4. Close this study in prayer: "Father, thank You for calling me to live set apart. When I grow weary, remind me that You are my strength, the Spirit is my help, and Jesus is my reason. Teach me to stand firm in truth, to walk humbly in grace, and to love boldly even when it costs me. Let my life point others to You- not through perfection, but through perseverance."

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Closing Reflection

You have completed Set Apart: Living in the World Without Being of the World. This isn't the end... it's the beginning. Living differently will always come with challenges, but you were never meant to do it alone. You have the Spirit of God within you, and a sisterhood beside you.

As you step forward, remember:

You are called.

You are chosen.

You are set apart.

Live differently, not divisively.

About Kingdom Over Party

Kingdom Over Party is a nonprofit organization founded to equip and empower Bible-believing women to live boldly for Christ in today's divided world.

We believe women can be courageous without being combative, firm in conviction, yet full of compassion.

Our mission is to help women deepen their biblical understanding, strengthen their confidence, and apply their faith in every area of life from relationships and leadership to culture and community.

At Kingdom Over Party, we live by one truth: Faith before approval.

We're not here to win arguments- we're here to win hearts by reflecting the love and truth of Jesus.

If you'd like to stay connected, access future studies, or get involved in the movement, visit:

www.kingdomoverparty.org

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